

HIGH TIDE TIMES 2019

Date	Morning Time	Morning Metres	Afternoon Time	Afternoon Metres
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MARCH

Fri 29	00:07	7.8	12:42	7.5
Sat 30	01:31	7.4	14:15	7.4
Sun 31	04:07	7.7	16:49	8.0

APRIL

Mon 1	05:20	8.6	17:48	8.8
Tue 2	06:10	9.4	18:32	9.5
Wed 3	06:51	9.9	19:10	10.0
Thu 4	07:26	10.3	19:42	10.3
Fri 5	07:58	10.5	20:13	10.5
Sat 6	08:30	10.7	20:44	10.7
Sun 7	09:02	10.8	21:15	10.8
Mon 8	09:34	10.7	21:48	10.6
Tue 9	10:08	10.4	22:21	10.2
Wed 10	10:43	9.9	22:56	9.7
Thu 11	11:21	9.3	23:36	9.1
Fri 12	-	-	12:10	8.7
Sat 13	00:34	8.5	13:22	8.2
Sun 14	01:59	8.3	14:54	8.3
Mon 15	03:32	8.6	16:22	8.9
Tue 16	04:54	9.5	17:36	9.9
Wed 17	06:00	10.4	18:32	10.7
Thu 18	06:53	11.0	19:21	11.2
Fri 19	07:39	11.4	20:03	11.5
Sat 20	08:21	11.6	20:42	11.6
Sun 21	09:00	11.6	21:20	11.5
Mon 22	09:38	11.3	21:58	11.0
Tue 23	10:16	10.7	22:34	10.3
Wed 24	10:52	9.8	23:08	9.5
Thu 25	11:26	8.9	23:44	8.6
Fri 26	-	-	12:04	8.1
Sat 27	00:30	7.9	13:00	7.5
Sun 28	01:46	7.4	14:28	7.3
Mon 29	03:17	7.6	15:54	7.7
Tue 30	04:31	8.2	17:00	8.4

MAY

Wed 1	05:26	9.0	17:50	9.2
Thu 2	06:10	9.6	18:29	9.7
Fri 3	06:49	10.1	19:07	10.2
Sat 4	07:24	10.4	19:41	10.5
Sun 5	08:00	10.6	20:16	10.7
Mon 6	08:37	10.7	20:52	10.8
Tue 7	09:14	10.7	21:28	10.7
Wed 8	09:52	10.5	22:07	10.4
Thu 9	10:32	10.0	22:47	9.9
Fri 10	11:18	9.5	23:35	9.4
Sat 11	-	-	12:12	8.9
Sun 12	00:37	8.9	13:19	8.6
Mon 13	01:51	8.7	14:39	8.6
Tue 14	03:13	9.0	15:59	9.1
Wed 15	04:31	9.6	17:10	9.8
Thu 16	05:36	10.2	18:08	10.4
Fri 17	06:29	10.6	18:56	10.8
Sat 18	07:16	10.9	19:39	11.0
Sun 19	07:57	11.0	20:18	11.1
Mon 20	08:37	11.0	20:57	11.0
Tue 21	09:15	10.8	21:34	10.7
Wed 22	09:54	10.3	22:11	10.2
Thu 23	10:29	9.7	22:45	9.5
Fri 24	11:04	9.0	23:20	8.8
Sat 25	11:40	8.4	-	-
Sun 26	00:01	8.2	12:24	7.8
Mon 27	00:58	7.8	13:30	7.5
Tue 28	02:16	7.7	14:50	7.6
Wed 29	03:30	8.0	15:58	8.1
Thu 30	04:29	8.6	16:54	8.8
Fri 31	05:20	9.2	17:42	9.4

JUNE

Sat 1	06:06	9.8	18:27	10.0
Sun 2	06:50	10.2	19:10	10.4
Mon 3	07:33	10.5	19:51	10.7
Tue 4	08:16	10.7	20:33	10.9
Wed 5	08:59	10.7	21:15	10.9
Thu 6	09:42	10.6	21:59	10.7

Fri 7	10:28	10.4	22:45	10.3
Sat 8	11:17	10.0	23:36	9.9
Sun 9	-	-	12:10	9.5
Mon 10	00:34	9.5	13:10	9.2
Tue 11	01:37	9.3	14:17	9.0
Wed 12	02:47	9.3	15:30	9.2
Thu 13	03:59	9.4	16:39	9.5
Fri 14	05:06	9.7	17:39	9.9
Sat 15	06:03	10.0	18:31	10.2
Sun 16	06:53	10.2	19:16	10.4
Mon 17	07:37	10.3	19:58	10.5
Tue 18	08:18	10.3	20:38	10.6
Wed 19	08:58	10.3	21:15	10.4
Thu 20	09:36	10.1	21:53	10.1
Fri 21	10:11	9.7	22:27	9.7
Sat 22	10:43	9.2	23:00	9.2
Sun 23	11:17	8.8	23:35	8.8
Mon 24	11:54	8.4	-	-
Tue 25	00:18	8.4	12:39	8.1
Wed 26	01:10	8.1	13:36	7.9
Thu 27	02:18	8.0	14:49	8.0
Fri 28	03:29	8.3	15:58	8.4
Sat 29	04:31	8.8	16:57	9.1
Sun 30	05:27	9.4	17:51	9.7

JULY

Mon 1	06:20	10.0	18:43	10.3
Tue 2	07:11	10.4	19:32	10.7
Wed 3	08:00	10.7	20:19	11.0
Thu 4	08:48	10.9	21:06	11.1
Fri 5	09:34	11.0	21:53	11.1
Sat 6	10:22	10.8	22:39	10.9
Sun 7	11:09	10.6	23:28	10.6
Mon 8	11:57	10.1	-	-
Tue 9	00:18	10.1	12:50	9.6
Wed 10	01:13	9.6	13:48	9.2
Thu 11	02:16	9.2	14:54	8.9
Fri 12	03:24	9.0	16:04	9.0
Sat 13	04:34	9.1	17:11	9.2
Sun 14	05:39	9.3	18:09	9.6
Mon 15	06:34	9.6	18:58	9.9
Tue 16	07:22	9.8	19:42	10.2
Wed 17	08:04	10.0	20:22	10.3
Thu 18	08:43	10.1	21:00	10.3
Fri 19	09:18	10.0	21:33	10.2
Sat 20	09:52	9.9	22:06	10.0
Sun 21	10:21	9.7	22:37	9.7
Mon 22	10:52	9.4	23:09	9.4
Tue 23	11:23	9.0	23:44	8.9
Wed 24	11:59	8.6	-	-
Thu 25	00:21	8.5	12:40	8.3
Fri 26	01:10	8.2	13:38	8.0
Sat 27	02:21	8.1	14:59	8.1
Sun 28	03:44	8.4	16:16	8.7
Mon 29	04:53	9.0	17:22	9.4
Tue 30	05:56	9.7	18:23	10.2
Wed 31	06:55	10.4	19:17	10.8

AUGUST

Thu 1	07:48	10.9	20:07	11.2
Fri 2	08:36	11.2	20:55	11.5
Sat 3	09:23	11.4	21:40	11.6
Sun 4	10:08	11.4	22:25	11.5
Mon 5	10:53	11.1	23:11	11.0
Tue 6	11:36	10.5	23:56	10.4
Wed 7	-	-	12:22	9.8
Thu 8	00:43	9.6	13:12	9.1
Fri 9	01:38	8.9	14:13	8.5
Sat 10	02:44	8.5	15:26	8.3
Sun 11	04:01	8.3	16:46	8.6
Mon 12	05:20	8.7	17:51	9.2
Tue 13	06:20	9.2	18:43	9.7
Wed 14	07:08	9.7	19:27	10.1
Thu 15	07:48	10.0	20:06	10.3
Fri 16	08:25	10.1	20:40	10.4
Sat 17	08:57	10.2	21:12	10.4
Sun 18	09:27	10.2	21:41	10.4
Mon 19	09:55	10.2	22:11	10.2
Tue 20	10:24	9.9	22:40	9.8
Wed 21	10:53	9.5	23:11	9.3
Thu 22	11:23	9.0	23:43	8.8
Fri 23	11:57	8.6	-	-
Sat 24	00:21	8.4	12:44	8.2
Sun 25	01:22	8.0	14:03	8.0

Mon 26	03:00	8.0	15:42	8.3
Tue 27	04:27	8.7	16:59	9.2
Wed 28	05:39	9.6	18:06	10.2
Thu 29	06:40	10.4	19:03	10.9
Fri 30	07:33	11.1	19:53	11.5
Sat 31	08:21	11.5	20:39	11.8

SEPTEMBER

Sun 1	09:05	11.8	21:22	12.0
Mon 2	09:47	11.7	22:05	11.8
Tue 3	10:28	11.3	22:46	11.2
Wed 4	11:09	10.7	23:27	10.4
Thu 5	11:51	9.8	-	-
Fri 6	00:10	9.5	12:34	8.9
Sat 7	00:58	8.6	13:30	8.1
Sun 8	02:02	7.9	14:48	7.8
Mon 9	03:30	7.7	16:22	8.1
Tue 10	05:01	8.3	17:33	8.9
Wed 11	06:02	9.1	18:24	9.7
Thu 12	06:48	9.7	19:07	10.2
Fri 13	07:27	10.1	19:42	10.5
Sat 14	08:01	10.3	20:15	10.6
Sun 15	08:31	10.4	20:45	10.6
Mon 16	08:58	10.5	21:13	10.6
Tue 17	09:26	10.5	21:42	10.5
Wed 18	09:55	10.3	22:13	10.2
Thu 19	10:25	9.9	22:42	9.6
Fri 20	10:54	9.4	23:13	9.0
Sat 21	11:26	8.8	23:51	8.5
Sun 22	-	-	12:10	8.3
Mon 23	00:50	8.0	13:29	7.9
Tue 24	02:29	7.8	15:14	8.2
Wed 25	04:07	8.5	16:41	9.1
Thu 26	05:24	9.6	17:50	10.2
Fri 27	06:25	10.6	18:46	11.1
Sat 28	07:16	11.3	19:34	11.7
Sun 29	08:01	11.7	20:19	12.0
Mon 30	08:43	11.9	21:00	12.0

OCTOBER

Tue 1	09:23	11.8	21:40	11.8
Wed 2	10:03	11.4	22:20	11.2
Thu 3	10:41	10.7	22:59	10.3
Fri 4	11:20	9.7	23:39	9.3
Sat 5	-	-	12:00	8.8
Sun 6	00:21	8.3	12:51	7.9
Mon 7	01:24	7.6	14:11	7.5
Tue 8	02:56	7.3	15:50	7.8
Wed 9	04:33	7.9	17:05	8.7
Thu 10	05:34	8.8	17:56	9.5
Fri 11	06:20	9.6	18:37	10.1
Sat 12	06:58	10.1	19:13	10.4
Sun 13	07:30	10.3	19:45	10.6
Mon 14	08:00	10.5	20:15	10.7
Tue 15	08:28	10.7	20:45	10.7
Wed 16	08:58	10.7	21:16	10.7
Thu 17	09:29	10.6	21:48	10.3
Fri 18	10:01	10.2	22:20	9.8
Sat 19	10:32	9.7	22:56	9.2
Sun 20	11:09	9.1	23:39	8.6
Mon 21	-	-	12:00	8.5
Tue 22	00:43	8.1	13:17	8.2
Wed 23	02:14	8.0	14:53	8.4
Thu 24	03:47	8.6	16:20	9.2
Fri 25	05:03	9.6	17:29	10.2
Sat 26	06:03	10.5	18:25	11.0
Sun 27	05:54	11.2	18:13	11.5
Mon 28	06:38	11.6	18:56	11.7
Tue 29	07:19	11.7	19:37	11.8
Wed 30	07:59	11.7	20:17	11.5
Thu 31	08:37	11.3	20:57	11.0

NOVEMBER

Fri 1	09:16	10.6	21:35	10.1
Sat 2	09:54	9.7	22:14	9.2
Sun 3	10:32	8.8	22:54	8.3

Tide times are British Summer Time adjusted. Heights and tide times may vary due to adverse weather conditions. The publisher can accept no liability for any inaccuracies contained therein nor for any resulting consequences.